



Island Waldorf Teacher Training 2022-23

IWTT is a series of lectures and activities that are primarily aimed at training interested individuals into Waldorf primary and middle school teachers. It is also suitable for those who are looking to deepen their understanding of Anthroposophy, the worldview that underpins Waldorf education.

Course structure

The lectures and activities are conducted on alternate Saturdays plus 1 week in summer in the form of modules ("blocks") over 2 years. We have structured the course to allow a varying intensity of engagement. Those looking for *self development* may take as many or as few blocks as they see fit. Those who wish to receive a *diploma in Waldorf teaching* should complete all blocks.

On each course day:

<i>Warming up</i>	9 – 9:40 am
I. Anthroposophy	9:40 – 10:50 am
<i>Break</i>	
II. Arts (A)	11:05 am - 12:35 pm
<i>Lunch</i>	
III. Arts (B)	1:35 – 2 pm
IV. Child development <i>or</i>	
V. Arts (C)	2 – 3:20 pm
VI. Arts (D)	3:20 – 4:20 pm
<i>Review & Q&A</i>	4.20 – 4.45 pm

IWTT 2022-23 course schedule

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	
Year: 2022	Sep 3	Sep 17	Oct 8	Oct 22	Nov 5	Nov 19	Dec 3	Dec 17	Year: 2023	Jan 28	Feb 11	Feb 25	Mar 11	Mar 25	Apr 15	May 13	May 20	Jun 10	Jun 18
9 – 9:40 am	<i>Warm up - Verse, Eurythmy, speech and singing (PB)</i>								<i>Warm up - Verse, Eurythmy, speech and singing (PB)</i>										
Anthroposophy 9:40 – 10:50a	Block 1. Introduction (PB) 3 fold man; 4 fold man. Sleeping and waking. Cycle of life, death, rebirth.								Block 2. Human evolution & child development - cont'd (PB)										
10:50- 11:05 am	<i>Break</i>								<i>Break</i>										
Arts (A) 11:05a - 12:35p	Block 1. Introduction to eurythmy (ZZ)								Block 2. Social theatre (PB)										
12:35 – 1:35 pm	<i>Lunch</i>								<i>Lunch</i>										
Arts (B) 1:35 – 2p	Block 1. Recorder for beginners (PB)								Block 2. Making music on recorder (PB)										
Child development 2 – 3:20p	Block 1. Overview (MS) Kindergarten to Upper School. Temperaments, 12 senses, classroom management								Block 1. Modelling with clay & wax (MS)										
Arts (D) 3:20 – 4:20p	Block 1. Wet on Wet Painting (MS)								Block 2. Form Drawing (MS)										
4.20 – 4.45 pm	<i>Review, questions, homework and ending together (PB & MS)</i>								<i>Review, questions, homework and ending together (PB & MS)</i>										
									Block 3. Biography & inner development (PB)										
									Block 3. Teaching methodology (MS)										
									Block 2. Finding your voice / Storytelling (MS)										
									Block 3. Drawing with Wax Crayons (MS)										

I. Anthroposophy

9.40 – 10.50 am

Block 1. Introduction

Philip Beaven

How can we understand the difference between body, soul and spirit? Is there more to the human soul than thinking, feeling and willing? What happens to my soul and spirit when I sleep, why can't I remember anything but my dreams? What happens when I die, is that the end of life, or is there more?

Reading: *Theosophy*

6 sessions

Sep 3, 17; Oct 8, 22; Nov 5, 19

\$3,100

Block 2. Human evolution & child development

Philip Beaven

If the human being is composed of body, soul and spirit, how can we understand human evolution and child development?

Reading: *An Outline of Esoteric Science*

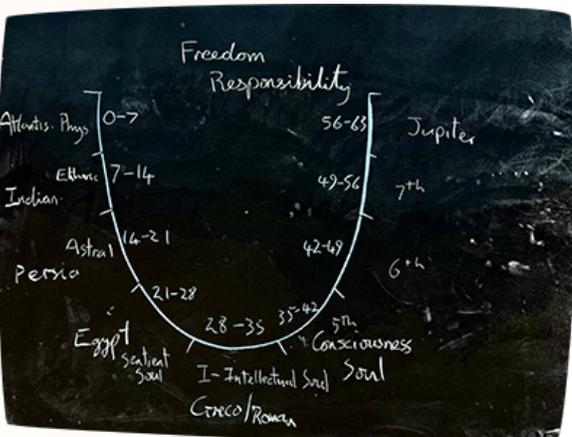
7 sessions

Dec 3, 17; Jan 28; Feb 11, 25; Mar 11, 25

\$3,600

Block 3. Biography & inner development

Philip Beaven



"I" am a condensation of different layers of personal life events, from childhood to the present. Who am I? Are there tools to understand the journey of my life? How do I apply them?

Reading: *Taking Charge*

5 sessions

Apr 15; May 13, 20; Jun 10, 17

\$2,600

II. Arts (A)

11:05 am - 12:35 pm

Block 1. Introduction to eurythmy *Zoran Zovko*

Discover how language and music express themselves through the hidden movements of the life body. Eurythmy is a core subject at Waldorf schools for all children from Class 1 to Class 12.

8 sessions

Sep 3, 17; Oct 8, 22; Nov 5, 19; Dec 3, 17

\$2,400

Block 2. Social theatre

Philip Beaven

How do I learn to improvise with others, and what are the rules? A teacher is essentially a performer – the way our body moves is an impactful means of communication. A fun course, where laughter will constantly be echoing.

5 sessions

Jan 28; Feb 11, 25; Mar 11, 25

\$2,300

Block 3. Teaching methodology *Martin Schmandt*

A foundation in basic Waldorf classroom practices, threefold lesson planning, the difference between underlying aims and specific learning focuses, establishing teachers authority, and classroom management.

5 sessions

Apr 15; May 13, 20; Jun 10, 17

\$2,300



Practising the arts is essentially transformative; the arts form a path of constant inquiry towards refined sensibility & insight, of the self, the other and the world.

- Towards Pedagogical Creativity,
Pedagogical Section at the Goetheanum

III. Arts (B)

1:35 - 2 pm

Block 1. Recorder for beginners *Philip Beaven*

A practical introduction to recorder playing and reading music, following the process used in the Waldorf school from Class 1 to Class 8.

8 sessions

Sep 3, 17; Oct 8, 22; Nov 5, 19; Dec 3, 17

\$1,200

Block 2. Making music on recorder *Philip Beaven*

Recorder is the first instrument that Waldorf students learn, starting from Class 1. It strengthens and develops the breathing and rhythmic elements of the child's body. With such instruments, one experiences *being* the beautiful music that pours out of oneself. Those more advanced can move onto alto or tenor recorders to create a richer sound with the group.

10 sessions

Jan 28; Feb 11, 25; Mar 11, 25;
Apr 15; May 13, 20; Jun 10, 17

\$1,500

IV. Child development

2 - 3:20 pm

Block 1. Overview

Martin Schmandt

Child development from kindergarten to upper school from the Waldorf perspective. An introduction of the four temperaments, 12 senses, classroom management.

8 sessions

Sep 3, 17; Oct 8, 22; Nov 5, 19; Dec 3, 17

\$4,300

Block 1. **Modelling with clay & wax**

Martin Schmandt

The main purpose of pedagogical modeling is for teachers to activate their students' hands in forming and form-sensing activities. Working from basic forms to more complex, learning how to shape first wax and then clay to express your imagination.



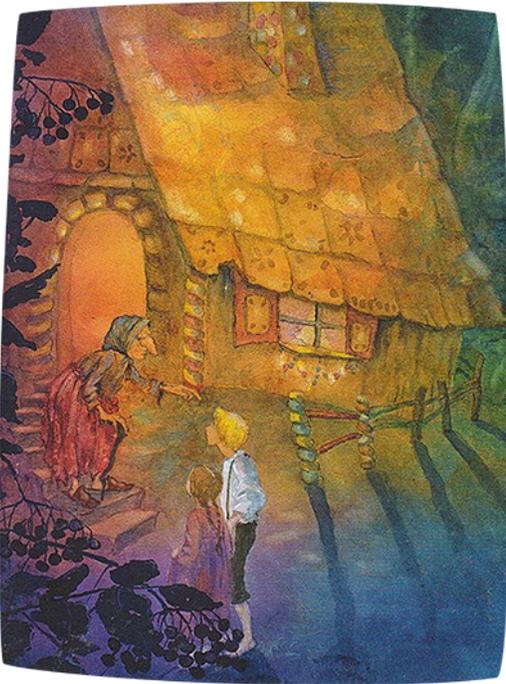
5 sessions

Jan 28; Feb 11, 25; Mar 11, 25

\$2,400

Block 2. **Finding your voice / Storytelling**

Martin Schmandt



Stories are how humans learn, no matter whether young or adult. How do we tell stories to children that engages them in an age-appropriate way?

Working with one's own speaking can be a powerful path of self development. To a trained ear, the spoken word reveals the inner, wisdom-filled soul life of the speaker. Speech carries a spiritual potency that moves both the speaker and the listener. Each of us can work to find our authentic voice.

5 sessions

Apr 15; May 13, 20; Jun 10, 17

\$2,400

VI. Arts (D)

3:20 – 4:20 pm

Block 1. Wet-on-wet painting *Martin Schmandt*

To work with water colours on wet paper is an exciting and enlivening immersion in colour and the laws of colour. It wakes up our relationship to colour in the things around us and in the world of nature. Painting is also an integral part of the Waldorf visual art curriculum.

8 sessions

Sep 3, 17; Oct 8, 22; Nov 5, 19; Dec 3, 17

\$2,800

Block 2. Form drawing *Martin Schmandt*

Form drawing is taught in Classes 1 to 5 and is a subject unique to Waldorf schools. It consists essentially of freehand drawing of non-representational forms. The act of form drawing is also closely connected to one's 3D spatial awareness and breathing rhythm.

5 sessions

Jan 28; Feb 11, 25; Mar 11, 25

\$1,800

Block 3. Drawing with wax crayons

Martin Schmandt



Wax crayons are used in Waldorf schools since kindergarten and up to primary school for a warm, authentic, readily available experience with colours. By blending and layering, one can produce beautiful images with just a few colours. You will be introduced to the basic techniques for drawing landscapes, people, animals, seasons and weather.

5 sessions

Apr 15; May 13, 20; Jun 10, 17

\$1,800

Course tutors



Philip Beaven

Eurythmist. Teacher. Teacher Trainer.
Class Teacher at IWS.



Martin Schmandt

Teacher. Teacher Trainer. Mentor.
Artist.

Education Coordinator at IWS.

Attendance requirement

Those who wish to receive a course certificate or diploma, please refer to the minimum attendance requirement below:

Foundation Studies Certificate

80% of **Anthroposophy (I)** plus **Arts (A)** over 2 years

Waldorf Teaching Diploma

80% of all blocks plus summer intensives over 2 years

Waldorf Teaching Diploma (with Practicum)

80% of all blocks plus summer intensives over the first 2 years, and supervised practicum at a Waldorf school in 3rd year

The second year's schedule will be published by April 2023.

Cost

- ◆ Per block costs are listed above.
- ◆ For all blocks in one year: \$30,000 (which represents a 20% discount over the aggregate block cost).
- ◆ Fees can be paid termly (one third before each term starts: Sep 1, Jan 1, Apr 1). An additional 3% discount applies to full payment made in the beginning of the course year.
- ◆ Students are expected to finance their own course books and material, such as wax crayons, recorder, pastels, pencils etc.
- ◆ Discounts are offered to IWS parents and in-service teachers in Hong Kong Waldorf schools or initiatives. Please enquire with your school's administrators.

Apply now

 iwtt.org/apply



Island Waldorf Teacher Training is operated by Island Waldorf School and supported by Starhill Waldorf and Sunflower Waldorf.

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 **iwtt.org**

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