



Island Waldorf Teacher Training 2024-25

IWTT is a series of lectures and activities that are primarily aimed at training interested individuals into Waldorf primary and middle school teachers. It is also suitable for those who are looking to deepen their understanding of Anthroposophy, the worldview that underpins Waldorf education.

Course structure

The lectures and activities are conducted on alternate Saturdays plus 1 week in summer in the form of modules ("blocks") over 2 years. We have structured the course to allow a varying intensity of engagement. Those looking for *self development* may take as many or as few blocks as they see fit. Those who wish to receive a *diploma in Waldorf teaching* should complete all blocks.

The first and second year blocks will run at the same time, in parallel to each other.



IWTT 2024-25 course schedule

2024 → Aug-24 Sep-07 Sep-14 Sep-21 Oct-26 Nov-09 Nov-30 Dec-07 2025 → Jan-04 Jan-11 Jan-18 Feb-15 Mar-08 Mar-29 May-17 May-24 Jun-14

9-9:30 am	Y1 Y2	Warm up - Verse, Eurythmy, speech and singing (PB)	Y1 Y2	Warm up - Verse, Eurythmy, speech and singing (PB)	9-9:30 am
9:35-10:50a	Y1 Arts (A) Y2 Arts (A)	Block 1. Eurythmy (PB)	Y1 Arts (A) Y2 Arts (A)	Block 2. Social theatre (PB)	Block 3. Handwork (YL) 9:35-10:50a
10:50-11:05a		Break		Break	10:50-11:05a
11:05a-12:35p	Y1 Anthroposophy Y2 Anthroposophy	Block 1. Introduction to Anthroposophy (PB)	Y1 Anthroposophy Y2 Anthroposophy	Block 2. Human evo & child dev (cont'd) (PB) Block 6. Found'n of Human Experience (cont'd) (MS)	Block 4. Philosophy of Freedom (MS) 11:05a-12:35p
12:35-1:35p		Lunch		Lunch	12:35-1:35p
1:35-2:05p	Y1 Arts (B) Y2 Arts (B)	Block 4. Making Music on Recorder (PB)	Y1 Arts (B) Y2 Arts (B)	Block 5. Making Music on Recorder (PB)	1:35-2:05p
2:10-3:10p	Y1 Child dev Y2 Curriculum	Block 1. Child Development Overview (PB) Block 2. Developing Curriculum Strategies & Activities, C1-4 (CC)	Y1 Arts (C) Y2 Curriculum	Block 7. Form Drawing (MS) Block 4. Developing Curriculum Strategies & Activities, C5-8 (CC/PB)	Block 8. Finding your voice / Storytelling (MS) 2:10-3:10p
3:15-4:30p	Y1 Arts (D) Y2 Practice	Block 6. Wet on Wet Painting (MS) Block 3. Developing Lesson Practice (CC)	Y1 Arts (D) Y2 Practice	Block 9. Drawing with Wax Crayons (MS) Block 5. Developing Lesson Practice (CC)	Block 10. Modeling with Clay & Beeswax (MS) Block 6. Developing Lesson Practice (PB) 3:15-4:30p

I. Anthroposophy

11:05 am – 12:35 pm

Y1 Block 1. **Introduction**

Philip Beaven

How can we understand the difference between body, soul and spirit? Is there more to the human soul than thinking, feeling and willing? What happens to my soul and spirit when I sleep, why can't I remember anything but my dreams? What happens when I die, is that the end of life, or is there more?

Reading: *Theosophy*

5 sessions

Aug 24; Sep 7, 14, 29; Oct 26

\$2,900

Y1 Block 2. **Human evolution & child development**

Philip Beaven

If the human being is composed of body, soul and spirit, how can we understand human evolution and child development?

Reading: *An Outline of Esoteric Science*

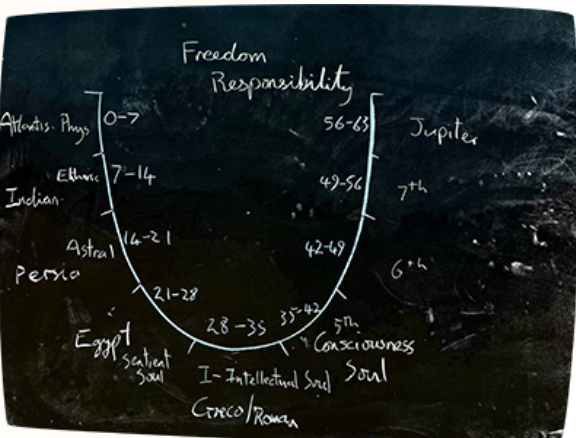
6 sessions

Nov 9, 30; Dec 7; Jan 4, 11, 18

\$3,500

Y1 Block 3. **Biography & inner development**

Philip Beaven



"I" am a condensation of different layers of personal life events, from childhood to the present. Who am I? Are there tools to understand the journey of my life? How do I apply them?

Reading: *Taking Charge*

3 sessions

Feb 15; Mar 8, 29

\$1,800

Y1/2 Block 4. **Philosophy of freedom**

Martin Schmandt

Rudolf Steiner's *Philosophy of Spiritual Activity* is a key work in understanding humanity's current stage of evolution, the development of the consciousness soul. In this book, Steiner guides the reader through an experience of intuitive thinking that stands as a first awakening to the spiritual dimension of the world.

3 sessions

May 17, 24; Jun 14

\$1,800

Y2 Block 5. **Foundation concepts for working in education**

Martin Schmandt

Steiner's education lectures were given to people already conversant with Anthroposophy. These sessions will cover the threefold and fourfold pictures of the human being and fundamental polarities such as vitality and consciousness.

4 sessions

Aug 24; Sep 7, 14, 28

\$2,300

Y2 Block 6. **Foundation of Human Experience**

Martin Schmandt

We will explore essential concepts associated with the human soul, spirit and body, and see how they lead into practical teaching.

Reading: *Foundation of Human Experience*

7 sessions

Oct 26; Nov 9, 30; Dec 7; Jan 4, 11, 18

\$4,000

Y2 Block 7. **Lucifer & Ahriman**

Martin Schmandt

These two dynamic polarising forces are active in all we do as human beings. How can we understand them so that we can use them in the right way?

3 sessions

Feb 15; Mar 8, 29

\$1,800

II. Arts (A)

9:35 - 10:50 am

Y1/2 Block 1. **Eurythmy**

Philip Beaven

Working with the Wellsprings of Life.

An Introduction to eurythmy: discover how this art of movement can bring a harmonising, sensitising and balancing forces into your life.

8 sessions

Aug 24, Sep 7, 14, 28; Oct 26;
Nov 9, 30; Dec 7

\$2,200

Y1/2 Block 2. **Social theatre**

Philip Beaven

Who am I and how do I respond in the moment? What is "play" and why is it so important? What is the story that my body tells to other people? A fun and humourful exploration of the human condition!

6 sessions

Jan 4, 11, 18; Feb 15; Mar 8, 29

\$1,900

Y1/2 Block 3. **Handwork**

Yumi Lindsay

Handwork is a vital part of Waldorf education, serving as an important tool for developing the will. These three introductory sessions will allow participants to experience this firsthand through projects from various grades of the curriculum, namely: knitting, cross-stitching, and upcycling.

3 sessions

May 17, 24; Jun 14

\$1,000



Practising the arts is essentially transformative; the arts form a path of constant inquiry towards refined sensibility & insight, of the self, the other and the world.

- Towards Pedagogical Creativity,
Pedagogical Section at the Goetheanum

III. Arts (B)

1:35 - 2:05 pm

Y1/2 Block 4, 5. **Making music on recorder**

Philip Beaven

Making music together is an essential human activity. The recorder allows for a quick progression to making music in a recorder ensemble. We will begin with the Tenor recorder. Short daily personal practice is essential for the success of this course and for the progression of the whole group.

8 sessions	Aug 24; Sep 7, 14, 28; Oct 26; Nov 9, 30; Dec 7	\$1,200
9 sessions	Jan 4, 11, 18; Feb 15; Mar 8, 29; May 17, 24; Jun 14	\$1,400

IV. Arts (C)

2:10 - 3:10 pm

Y1 Block 7. **Form drawing**

Martin Schmandt

This practice improves powers of visualization and supports the ability to integrate intentions and actions. In this adult course, we will move quickly from simple early drawings to more challenging work that can strengthen adults as well as children.

6 sessions	Jan 4, 11, 18; Feb 15; Mar 8, 29;	\$2,400
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Y1 Block 8. **Finding your voice / Storytelling**

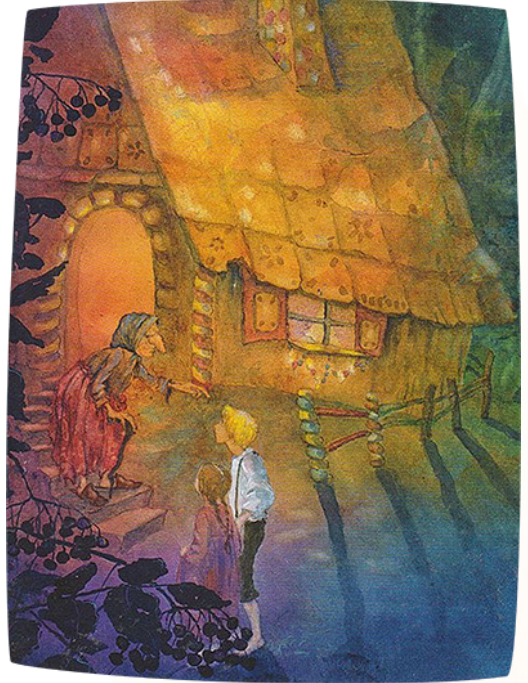
Martin Schmandt

Stories are how humans learn, no matter whether young or adult. How do we tell stories to children that engages them in an age-appropriate way?

Working with one's own speaking can be a powerful path of self-development. Speech carries a spiritual

potency that moves both the speaker and the listener. Each of us can work to find our authentic voice.

Through exercises and different approaches to telling stories for different ages of children, the storyteller deepens a warm, expressive, nourishing presence.



3 sessions

May 17, 24; Jun 14

\$1,200

V. Arts (D)

3:15 -4:30 pm

Y1 Block 6. **Wet on wet painting**

Martin Schmandt

Watercolour painting is an essential part of a child's experience in a Waldorf School. In this course you will not only learn the techniques how to do it, but you will learn why it is so important to the developing child.

8 sessions

Aug 24; Sep 7, 14, 28; Oct 26, Nov 9, 30; Dec 7

\$4,000

Y1 Block 9. **Drawing with wax crayons**

Martin Schmandt

Wax crayons are used in Waldorf schools since kindergarten and up to primary school for a warm, authentic, readily available experience with colours. With crayons we bring both form and rich, layered color to the pictures of our imagination, drawing inspiration from stories and the natural world.



6 sessions

Jan 4, 11, 18; Feb 15; Mar 8, 29

\$3,000

Y1 Block 10. **Modelling with clay & beeswax**

Martin Schmandt

The main purpose of pedagogical modeling is for teachers to activate their students' hands in forming and form-sensing activities. After an introduction to modelling in beeswax, we will move to shaping expressive figures in clay, searching for gestures that bring the figures to life.



3 sessions

May 17, 24; Jun 14

\$1,500

VI. Child development / Curriculum

2:10 - 3:10 pm

Y1 Block 1. **Overview**

Philip Beaven

Child development from kindergarten to upper school from the Waldorf perspective. What are the stages of child development? Do all children follow the same pattern? What are the temperaments and how can I work with them? Twelve senses, I thought there were only five!

8 sessions

Aug 24; Sep 7, 14, 28; Oct 26, Nov 9, 30; Dec 7

\$3,200

Y2 Block 2. **Developing curriculum strategies & activities, C1-4**

Cindy Cornish

How can teachers create lessons that are age-appropriate and effective in developing the child's bodily, social, emotional and cognitive abilities? These sessions will give direction from the earlier school years through to class 4.

8 sessions

Aug 24; Sep 7, 14, 28; Oct 26, Nov 9, 30; Dec 7

\$3,200

Y2 Block 2. **Developing curriculum strategies & activities, C5-8**

Cindy Cornish, Philip Beaven

How can teachers create lessons that are age-appropriate and effective in developing the child's bodily, social, emotional and cognitive abilities? These sessions will give direction from class 5 to class 8.

9 sessions

Jan 4, 11, 18; Feb 15; Mar 8, 29; May 17, 24; Jun 14

\$3,600

VII. Pedagogical practice

3:15 - 4:30 pm

Y2 Block 3, 5, 6. **Developing lesson practice**

Cindy Cornish & Philip Beavens

These sessions will be an opportunity for students to apply Waldorf principles to creating specific lesson plans.

8 sessions	Aug 24; Sep 7, 14, 28; Oct 26, Nov 9, 30; Dec 7	\$4,000
4 sessions	Jan 4, 11, 18; Feb 15	\$2,000
5 sessions	Mar 8, 29; May 17, 24; Jun 14	\$2,500

Course tutors



Philip Beaven

Eurythmist. Teacher. Teacher Trainer.
Class Teacher at IWS.



Cindy Cornish

Teacher. Mentor.
Class Teacher at IWS.



Martin Schmandt

Teacher. Teacher Trainer.
Mentor. Artist.
Education Coordinator at IWS.



Yumi Lindsay

Teacher. Teacher Trainer.
Mentor.
Handwork Teacher at IWS.

Attendance requirement

Those who wish to receive a course certificate or diploma, please refer to the minimum attendance requirement below:

Foundation Studies Certificate

80% of **Anthroposophy** plus **Arts (A)** over 2 years

Waldorf Teaching Diploma

80% of all blocks plus summer intensives over 2 years

Waldorf Teaching Diploma (with Practicum)

80% of all blocks plus summer intensives over the first 2 years, and supervised practicum at a Waldorf school in 3rd year

The second year's schedule will be published by April 2025.

Cost

- ◆ Per block costs are listed above.
- ◆ For all blocks in one year: \$30,000 (which represents a 20% discount over the aggregate block cost).
- ◆ Fees can be paid in 2 installments (one half before each term starts: Aug 24, Jan 4). An additional 3% discount applies to full payment made in the beginning of the course year.
- ◆ Students are expected to finance their own course books and material, such as wax crayons, recorder, pastels, pencils etc.
- ◆ Discounts are offered to IWS parents and in-service teachers in Hong Kong Waldorf schools or initiatives. Please enquire with your school's administrators.

Apply now

 iwtt.org/apply



Island Waldorf Teacher Training is operated by Island Waldorf School and supported by Starhill Waldorf and Sunflower Waldorf.

 **+852 60203593**

 **iwtt.org**

 **1/F 455 Queen's Road West, Sai Wan**