



# Island Waldorf Teacher Training 2023-24

IWTT is a series of lectures and activities that are primarily aimed at training interested individuals into Waldorf primary and middle school teachers. It is also suitable for those who are looking to deepen their understanding of Anthroposophy, the worldview that underpins Waldorf education.

## Course structure

The lectures and activities are conducted on alternate Saturdays plus 1 week in summer in the form of modules ("blocks") over 2 years. We have structured the course to allow a varying intensity of engagement. Those looking for *self development* may take as many or as few blocks as they see fit. Those who wish to receive a *diploma in Waldorf teaching* should complete all blocks.

The first and second year blocks will run at the same time, in parallel to each other.



# IWTT 2023-24 course schedule

2023 → Aug-26 Sep-09 Sep-23 Oct-07 Nov-04 Nov-11 Nov-25 Dec-09 2024 → Jan-13 Jan-27 Feb-24 Mar-02 Mar-16 Apr-13 Apr-27 May-11 May-25 Jun-08 Jun-15

9-9:30 am	Warm up - Verse, Eurythmy, speech and singing (PB)																			9-9:30 am
	Y1 Y2																			
9:35-10:50a	Y1 Arts (A)	Block 1. Eurythmy (PB)																	Y1 Arts (A)	9:35-10:50a
	Y2 Arts (A)	Block 2. Social theatre -																	Y2 Arts (A)	
10:50-11:05a	Break																			10:50-11:05a
11:05a-12:35p	Y1 Anthroposophy	Block 1. Introduction to Anthroposophy (PB)	Block 2. Human evo & child dev (PB)	Block 3. Biography (PB)															11:05a-12:35p	
	Y2 Anthroposophy	Block 5. Foundation Concepts For Working in Education (MS)	Block 6. Foundation of Human Experience (MS)	Block 7. Lucifer & Ahriman (MS)																
12:35-1:35p	Lunch																			12:35-1:35p
1:35-2:05p	Y1 Arts (B)	Block 4. Making Music on Recorder (PB & MS)																	1:35-2:05p	
	Y2 Arts (B)	Block 5. Making Music on Recorder (PB & MS)																		
2:10-3:10p	Y1 Child dev	Block 1. Child Development Overview (PB)																	2:10-3:10p	
	Y2 Curriculum	Block 2. Developing Curriculum Strategies & Activities, C1-4 (TE)																		
3:15-4:30p	Y1 Arts (D)	Block 6. Wet on Wet Painting (MS)																	3:15-4:30p	
	Y2 Practice	Block 3. Developing Lesson Practice (TE)																		
9:35-10:50a	Y1 Arts (A)	Block 3. Choral Singing (PB)																	9:35-10:50a	
	Y2 Arts (A)	Block 3. Choral Singing (PB)																		
11:05a-12:35p	Y1 Anthroposophy	Block 2. Human evo & child dev (cont'd) (PB)	Block 4. Karma & Reincarnation (PB)															11:05a-12:35p		
	Y2 Anthroposophy	Block 6. Found'n of Human Experience (cont'd) (MS)	Block 7. Lucifer & Ahriman (MS)																	
12:35-1:35p	Lunch																			12:35-1:35p
1:35-2:05p	Y1 Arts (B)	Block 5. Making Music on Recorder (PB & MS)																	1:35-2:05p	
	Y2 Arts (B)	Block 5. Making Music on Recorder (PB & MS)																		
2:10-3:10p	Y1 Arts (C)	Block 7. Form Drawing (MS)																	2:10-3:10p	
	Y2 Curriculum	Block 4. Developing Curriculum Strategies & Activities, C5-8 (TE & PB)																		
3:15-4:30p	Y1 Arts (D)	Block 9. Drawing with Wax Crayons (MS)																	3:15-4:30p	
	Y2 Practice	Block 5. Developing Lesson Practice (TE)																		
9:35-10:50a	Y1 Arts (A)	Block 10. Modeling with Clay & Beeswax (MS)																	9:35-10:50a	
	Y2 Practice	Block 6. Developing Lesson Practice (PB)																		

# I. Anthroposophy

11:05 am – 12:35 pm

## Y1 Block 1. **Introduction**

*Philip Beaven*

How can we understand the difference between body, soul and spirit? Is there more to the human soul than thinking, feeling and willing? What happens to my soul and spirit when I sleep, why can't I remember anything but my dreams? What happens when I die, is that the end of life, or is there more?

Reading: *Theosophy*

**5** sessions

Sep 9, 23; Oct 7, Nov 4, 11

**\$2,900**

## Y1 Block 2. **Human evolution & child development**

*Philip Beaven*

If the human being is composed of body, soul and spirit, how can we understand human evolution and child development?

Reading: *An Outline of Esoteric Science*

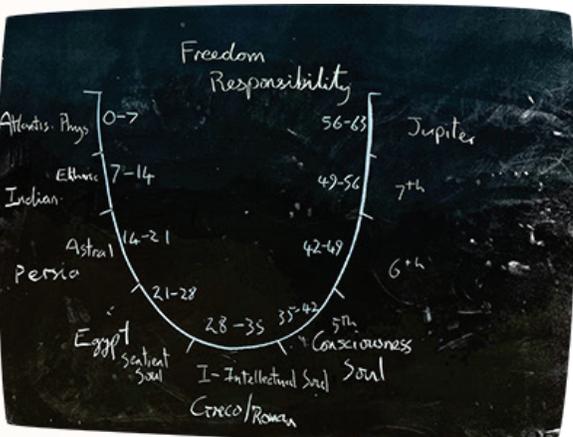
**5** sessions

Nov 25; Dec 9; Jan 13; 27; Feb 24

**\$2,900**

## Y1 Block 3. **Biography & inner development**

*Philip Beaven*



"I" am a condensation of different layers of personal life events, from childhood to the present. Who am I? Are there tools to understand the journey of my life? How do I apply them?

Reading: *Taking Charge*

**3** sessions

Mar 2, 16; Apr 13

**\$1,800**

## Y1/2 Block 4. **Karma & reincarnation**

*Philip Beaven*

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If I have lived before then what effect did my previous life have on this one. How can I understand and work with that? If my actions are going to return to me in some form, then I need to be clear now what I must do to make sure there is the best possible outcome. An introduction to Steiners approach.

**5** sessions

Apr 27; May 11, 25; Jun 8, 15

**\$2,900**

## Y2 Block 5. **Foundation concepts for working in education**

*Martin Schmandt*

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Steiner's education lectures were given to people already conversant with Anthroposophy. These sessions will cover the threefold and fourfold pictures of the human being and fundamental polarities such as vitality and consciousness..

**4** sessions

Sep 9, 23; Oct 7, Nov 4

**\$2,300**

## Y2 Block 6. **Foundation of Human Experience**

*Martin Schmandt*

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We will explore essential concepts associated with the human soul, spirit and body, and see how they lead into practical teaching.

Reading: *Foundation of Human Experience*

**6** sessions

Nov 11, 25; Dec 9; Jan 13; 27; Feb 24

**\$3,500**

## Y2 Block 7. **Lucifer & Ahriman**

*Martin Schmandt*

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These two dynamic polarising forces are active in all we do as human beings. How can we understand them so that we can use them in the right way?

**3** sessions

Mar 2, 16; Apr 13

**\$1,800**

## II. Arts (A)

9:35 - 10:50 am

### Y1/2 Block 1. **Eurythmy**

*Philip Beaven*

Working with the Wellsprings of Life.

An Introduction to eurythmy: discover how this art of movement can bring a harmonising, sensitising and balancing forces into your life.

**7** sessions

Sep 9, 23; Oct 7, Nov 4, 11, 25; Dec 9

**\$2,200**

### Y1/2 Block 2. **Social theatre**

*Philip Beaven*

Who am I and how do I respond in the moment? What is "play" and why is it so important? What is the story that my body tells to other people? A fun and humourful exploration of the human condition!

**6** sessions

Jan 13; 27; Feb 24; Mar 2, 16; Apr 13

**\$1,900**

### Y1/2 Block 3. **Choral singing**

*Philip Beaven*

We all have a voice and we can all sing. When we unite our voices, singing together, we create something alive and new. No special skills are needed to do this course, all levels are accepted.

**5** sessions

Apr 27; May 11, 25; Jun 8, 15

**\$1,600**



**Practising the arts is essentially transformative; the arts form a path of constant inquiry towards refined sensibility & insight, of the self, the other and the world.**

- Towards Pedagogical Creativity,  
Pedagogical Section at the Goetheanum

## III. Arts (B)

1:35 - 2:05 pm

### Y1/2 Block 4, 5. **Making music on recorder**

*Philip Beaven*

Making music together is an essential human activity. The recorder allows for a quick progression to making music in a recorder ensemble. We will begin with the Tenor recorder. Short daily personal practice is essential for the success of this course and for the progression of the whole group.

**8** sessions

Aug 26; Sep 9, 23; Oct 7, Nov 4, 11, 25; Dec 9

\$1,200

**11** sessions

Jan 13; 27; Feb 24; Mar 2, 16; Apr 13, 27; May 11, 25; Jun 8, 15

\$1,700

## IV. Arts (C)

2:10 - 3:10 pm

### Y1 Block 7. **Form drawing**

*Martin Schmandt*

This practice improves powers of visualization and supports the ability to integrate intentions and actions. In this adult course, we will move quickly from simple early drawings to more challenging work that can strengthen adults as well as children.

**6** sessions

Jan 13; 27; Feb 24; Mar 2, 16; Apr 13

\$2,400

### Y1 Block 8. **Finding your voice / Storytelling**

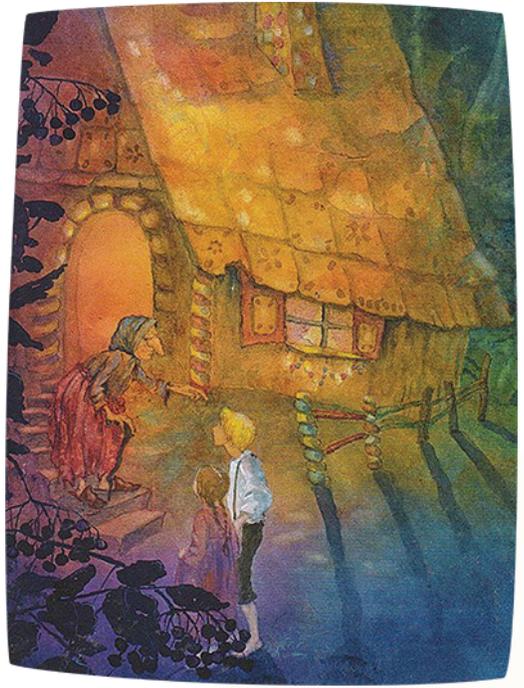
*Martin Schmandt*

Stories are how humans learn, no matter whether young or adult. How do we tell stories to children that engages them in an age-appropriate way?

Working with one's own speaking can be a powerful path of self development. Speech carries a spiritual potency that moves both the speaker and the

listener. Each of us can work to find our authentic voice.

Through exercises and different approaches to telling stories for different ages of children, the storyteller deepens a warm, expressive, nourishing presence.



**5** sessions

Apr 27; May 11, 25; Jun 8, 15

\$2,000

## V. Arts (D)

3:15 -4:30 pm

### Y1 Block 6. **Wet on wet painting** *Martin Schmandt*

Watercolour painting is an essential part of a child's experience in a Waldorf School. In this course you will not only learn the techniques how to do it, but you will learn why it is so important to the developing child.

**8** sessions

Aug 26; Sep 9, 23; Oct 7, Nov 4, 11, 25; Dec 9

\$4,000

### Y1 Block 9. **Drawing with wax crayons**

*Martin Schmandt*



Wax crayons are used in Waldorf schools since kindergarten and up to primary school for a warm, authentic, readily available experience with colours. With crayons we bring both form and rich, layered color to the pictures of our imagination, drawing inspiration from stories and the natural world.

**6** sessions

Jan 13; 27; Feb 24; Mar 2, 16; Apr 13

\$3,000

## Y1 Block 10. **Modelling with clay & beeswax**

*Martin Schmandt*

The main purpose of pedagogical modeling is for teachers to activate their students' hands in forming and form-sensing activities. After an introduction to modelling in beeswax, we will move to shaping expressive figures in clay, searching for gestures that bring the figures to life.



**5** sessions

Apr 27; May 11, 25; Jun 8, 15

\$2,500

## VI. Child development / Curriculum

2:10 - 3:10 pm

### Y1 Block 1. **Overview**

*Philip Beaven*

Child development from kindergarten to upper school from the Waldorf perspective. What are the stages of child development? Do all children follow the same pattern? What are the temperaments and how can I work with them? Twelve senses, I thought there were only five!

**8** sessions

Aug 26; Sep 9, 23; Oct 7, Nov 4, 11, 25; Dec 9

\$3,200

### Y2 Block 2. **Developing curriculum strategies & activities, C1-4**

*Toni Evans*

How can teachers create lessons that are age-appropriate and effective in developing the child's bodily, social, emotional and cognitive abilities? These sessions will give direction from the earlier school years through to class 4.

**8** sessions

Aug 26; Sep 9, 23; Oct 7, Nov 4, 11, 25; Dec 9

\$2,400

## Y2 Block 2. **Developing curriculum strategies & activities, C5-8**

*Toni Evans, Philip Beaven*

How can teachers create lessons that are age-appropriate and effective in developing the child's bodily, social, emotional and cognitive abilities? These sessions will give direction from class 5 to class 8.

**11** sessions

Jan 13; 27; Feb 24; Mar 2, 16; Apr 13, 27; May 11, 25; Jun 8, 15

**\$3,300**

## **VII. Pedagogical practice**

3:15 - 4:30 pm

### Y2 Block 3, 5, 6. **Developing lesson practice**

*Toni Evans & Philip Beavens*

These sessions will be an opportunity for students to apply Waldorf principles to creating specific lesson plans.

**8** sessions

Aug 26; Sep 9, 23; Oct 7, Nov 4, 11, 25; Dec 9

**\$3,000**

**6** sessions

Jan 13; 27; Feb 24; Mar 2, 16; Apr 13

**\$2,300**

**5** sessions

Apr 27; May 11, 25; Jun 8, 15

**\$1,900**

## Course tutors



### Philip Beaven

Eurythmist. Teacher. Teacher Trainer.  
Class Teacher at IWS.



### Toni Evans

Teacher. Mentor.  
Class Teacher at IWS.



### Martin Schmandt

Teacher. Teacher Trainer. Mentor.  
Artist.  
Education Coordinator at IWS.

## Attendance requirement

Those who wish to receive a course certificate or diploma, please refer to the minimum attendance requirement below:

### Foundation Studies Certificate

80% of **Anthroposophy** plus **Arts (A)** over 2 years

### Waldorf Teaching Diploma

80% of all blocks plus summer intensives over 2 years

### Waldorf Teaching Diploma (with Practicum)

80% of all blocks plus summer intensives over the first 2 years, and supervised practicum at a Waldorf school in 3<sup>rd</sup> year

The second year's schedule will be published by April 2024.

# Cost

- ◆ Per block costs are listed above.
- ◆ For all blocks in one year: \$30,000 (which represents a 20% discount over the aggregate block cost).
- ◆ Fees can be paid in 2 installments (one half before each term starts: Aug 26, Feb 1). An additional 3% discount applies to full payment made in the beginning of the course year.
- ◆ Students are expected to finance their own course books and material, such as wax crayons, recorder, pastels, pencils etc.
- ◆ Discounts are offered to IWS parents and in-service teachers in Hong Kong Waldorf schools or initiatives. Please enquire with your school's administrators.

**Apply now**

 [iwtt.org/apply](https://iwtt.org/apply)



*Island Waldorf Teacher Training is operated by Island Waldorf School and supported by Starhill Waldorf and Sunflower Waldorf.*

 **+852 51141451**

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 **1/F 455 Queen's Road West, Sai Wan**